



## **THE BISHOP'S CO-ED SCHOOL, UNDRI**

### **ANOTHER FEATHER IN THE CAP!! PARIS WORLD CUP 2022 (SKATING)**

Skating works nearly every muscle group in the body and gliding requires synchronized movement of the legs, which is important for joint flexibility. It also builds up the leg and abdominal muscles. Like any workout, skating is great for cardiovascular health.

Keeping in line with this let me introduce our champion skater Tanishq Dugad who has bagged the 11th position in the Paris World Skating Championship 2022. He is the first Indian Inline freestyle skater to be ranked in the top 15 in any International Championship. He has been ranked 11th at the Paris World Cup 2022 in the Junior Men's Category in classic slalom. The Slalom Classic is one of the first-born disciplines in inline freestyle: the athletes skate on a musical arrangement and the judges assign scores on the bases of technical and artistic criteria.

Tanishq is a freestyle slalom skater, knows the technical field of roller skating that involves performing tricks around a straight line of equally spaced cones. Tanishq believes that the moving wheel is the heart of all the sports disciplines and unlocks the fun and freedom that one aspires. World Skate works to unify the unique characteristics of its sports and to promote their global development.

Lastly, it is important to mention all the hard work that backed this champion. It was not possible for Tanishq to reach his goal without the support of his family, his trainers, and his friends. He is also very thankful to the school authorities for supporting all his endeavours.

To conclude I would like to state that to an achiever success only comes by perseverance. We are so certain that our young achiever has many more such accolades coming his way. We wish you all the luck and pray that you achieve everything that you work towards.

Report by:



Mrs. Amrin Baig

