



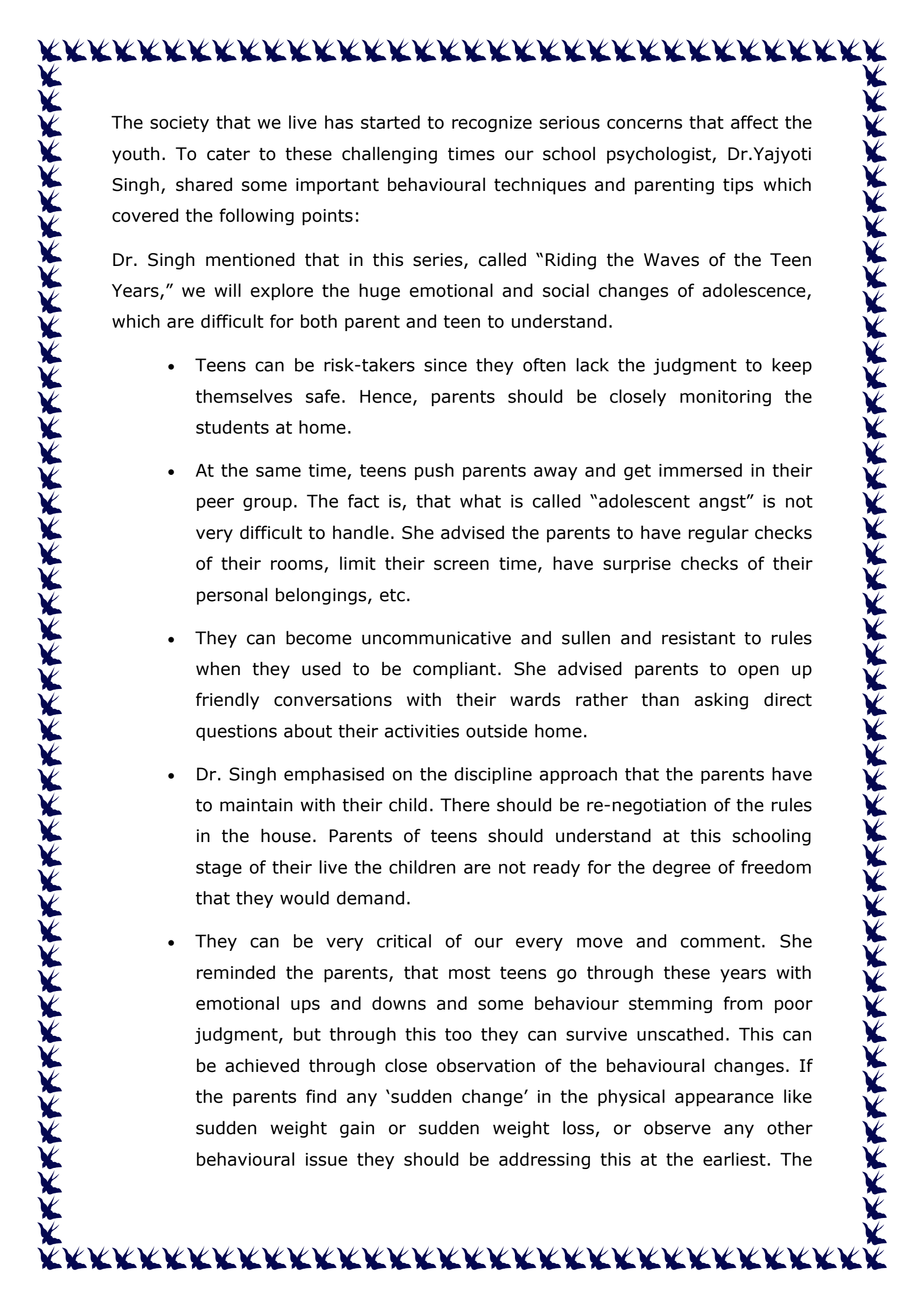
THE BISHOP'S CO-ED SCHOOL, UNDRI

Principal's Address to the parents of classes IX and X

***"Education is a shared commitment between dedicated teachers,
motivated students and enthusiastic parents."***

The parent-teacher trust and mutual understanding is the real secret to a child's optimum development. Keeping up with the importance of the overall development of the child the Principal of our school addresses the parents at the beginning of every academic year.

The Principal's address to the parents of classes IX and X for the academic year 2023-2024 was held on the 28th of June, 2023 at the school auditorium in Building 4. Our Principal, Mr. Julian Luke, welcomed the parents and gave a few important updates about the construction work of the drainage pipeline and reminded them about the New Smart Boards that have been installed in the Middle and Senior School Classes. It was mentioned that the students should take utmost care and ensure that no damage is done. He also expressed his gratitude for the support received from the parents. Mr. Luke also thanked the parents, the students and the teachers for all their effort and cooperation in making the schooling process successful and continuing the relentless process of imparting education amidst challenging times. He motivated everyone to rise above their personal debacles and be optimistic during this period where everything comes back to normalcy. The welcome speech was followed by the Headmaster, Mr. Ralph Russell leading us in a word of prayer. This was followed by the introduction of the class teachers and the subjects teachers teaching various subjects at the IX and X level. The principal reminded the parents about the rules and regulations of the school, he stressed on the importance of completing all the assignments on time and the general turnout of the student with the norms of the school.



The society that we live has started to recognize serious concerns that affect the youth. To cater to these challenging times our school psychologist, Dr.Yajyoti Singh, shared some important behavioural techniques and parenting tips which covered the following points:

Dr. Singh mentioned that in this series, called "Riding the Waves of the Teen Years," we will explore the huge emotional and social changes of adolescence, which are difficult for both parent and teen to understand.

- Teens can be risk-takers since they often lack the judgment to keep themselves safe. Hence, parents should be closely monitoring the students at home.
- At the same time, teens push parents away and get immersed in their peer group. The fact is, that what is called "adolescent angst" is not very difficult to handle. She advised the parents to have regular checks of their rooms, limit their screen time, have surprise checks of their personal belongings, etc.
- They can become uncommunicative and sullen and resistant to rules when they used to be compliant. She advised parents to open up friendly conversations with their wards rather than asking direct questions about their activities outside home.
- Dr. Singh emphasised on the discipline approach that the parents have to maintain with their child. There should be re-negotiation of the rules in the house. Parents of teens should understand at this schooling stage of their live the children are not ready for the degree of freedom that they would demand.
- They can be very critical of our every move and comment. She reminded the parents, that most teens go through these years with emotional ups and downs and some behaviour stemming from poor judgment, but through this too they can survive unscathed. This can be achieved through close observation of the behavioural changes. If the parents find any 'sudden change' in the physical appearance like sudden weight gain or sudden weight loss, or observe any other behavioural issue they should be addressing this at the earliest. The

parents can also contact the school counsellor who will further guide and support them.

Soon after the talk, the Principal allowed the parents to meet the teachers and have a short meeting to get their doubts cleared, if any.

To conclude, I would state that a balance of education at home and school moulds a student's actual learning. A good parent teacher relation leads the child to be positive towards attending school. Teachers and parents provide a vital support system to help students flourish. A teacher thus broadly guides the child and nurtures his/her interests and academic learning. It is when both the groups work together toward the same goal that one can see significant growth in a child's development outcome. Therefore, my message to the parents is: Be a helping hand in their educational learning and travel with them as a true inspiration. Let's be a role model in shaping our children's bright future. It is only through a close collaboration and partnership that we can achieve our goal of producing responsible world leaders and sensible global citizens for the imminent future.

Report by:

Mrs Amrin Baig





The Principal addressing the gathering: A Vision with Action!



Teachers of classes 9 and 10: Wisdom Forever!



The Pillars of Education!



The question-answer session: Achieving excellence together!



Parents and teachers interactive session: 'Catering to the needs'