

# THE BISHOPS SCHOOL, CAMP JUNIOR SCHOOL

## REPORT ON "FIRELESS COOKING" FOR CLASS 3 2023 – 2024



"Cooking is at once child's play and adult joy. And cooking done with care is an act of love."

– Craig Claiborne

Fireless cooking means **cooking food without heat** and refers to the course of formulating food without the use of fire. If you want to have an amazing bonding time with your kid but are afraid to get your child close to fire, then select fireless cooking.

The Junior school of **The Bishop's School, Camp** conducted the **Fireless Cooking Activity** on the 4<sup>th</sup> and 5<sup>th</sup> of April. The activity put forth the opportunity for the students of classes 1 to 5 to showcase their talents of becoming **Junior MasterChefs**. This would not only help the students become better cooks, but it would also help them to realise that each dish is a combination of different ingredients which are put together into creating something delicious.



The students of Class – 3 had their fireless cooking activity on 4<sup>th</sup> April 2023. Students prepared some appetizing, flavoury items like **Papadi Chaat, Bhel, Biscuit Sandwich, Fruit salad and Cheese Corn Sandwich**. The activity showcased the creative side in the children. Each student participated with great excitement in preparing their dish. The little chefs adorned with their caps and aprons very enthusiastically started preparing their dish. The students enjoyed the fully flavoured scrumptious delicacies made by them.

This activity created an awareness about the nutritional value of food cooked without flame, thus giving an advantage of making delicious food at home rather than eating the same outside.

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