

## Sports

are an

essential part of life. Physical activity keeps one fit and promotes physical strength.

The Pre-Primary Annual Sports meet was held on the 5<sup>th</sup> of December 2023. On that day, the atmosphere at school was festive. Parents came in large numbers to enjoy the sports day and witness their little ones take part and compete.

The most anticipated event of the year commenced with the arrival of our distinguished Chief Guest Mrs. Melissa Fernandes Headmistress of The Bishop's Co-Ed School, Undri. Our Principal, our



## Headmaster and Our Headmistress.

We were also greatly honored to have in our midst two long standing ex-members of the staff Mrs. Caroline Jolly and Mrs. Lynda O'Connor.

The day started by seeking the blessings of God and so a special prayer was offered by our Headmistress. Our first major event began with our budding young athletes walking past in an opening parade representing the four houses-Arnould, Bishops, Harding and Mansfield, after which our Chief Guest declared the Annual Sports Meet 2023-2024 'Open'. The programme began with the Flat races for the Nursery classes of the first and second



sessions. As it is rightly said "It's hard to beat a person who never gives up" and these young toddlers at such a young



age had their target set right-'The Red Ribbon'. This was followed by the Novelty relay of the Nursery children- 'THE DARK KNIGHT SAVIORS' – In this nail biting adventure, Batman gets trapped in a cage and the Robins have to set him free - one ribbon at a time – by making their way through the Joker's obstacles in order to maintain peace in Gotham City.

LITTLE BOYS ARE JUST SUPERHEROS IN DISGUISE

Next event was the Second Session Drill Display- 'Flash Mob.' These superheroes



made their way to display confidence and coordination in bright yellow and red. Showcasing their talent and moves it was indeed a brilliant show.



The programme advanced to the fifty meters Flat races for the Lower Kindergarten boys. The audience was

filled with excitement watching their little tots running and competing for the first time.

*"It was Krypton that made me Superman, but it's the Earth* 



Kindergarten Novelty relay- 'The Cape Crus aders.' In this race, the little Supermen brave their way through the rings of fire, swam through the deep blue sea, and removed the kryptonite's placed by the vicious Lex Luthor in the basket so that they got their capes.

WE JUST NEED THE COURAGE TO PUT ON THE CAPE

The next event was the drill of the first session " CAPTAIN

that makes me Human." The Lower

AMERICA'S CARDIO SHEILD STRIKE." Drills showcase our little performers coordination and synchronization but also highlights their sense of teamwork at such a young age.

The programme then advanced to the fifty meters Flat races for the



Upper Kindergarten boys.

BE COURAGEOUS, BE STRONG, BE BRAVE

The Upper Kindergarten

novelty relay –' Spidey's Speed Challenge', was next. Boys had to balance their way through the criss-cross bars, climb up the concrete wall, make their way through the webs, and finally run to the finishing line in pairs. Every alternate boy was pulled with the hullahoop . Every child showed a great sense of teamwork and coordination to try to get their team to win.

## Children who won the races were



awarded with medals.

Our Principal, Mr.Shayne

McPherson organized the parent's race. The parents showed great enthusiasm and participated in large numbers. The children were thrilled to watch their parents participate and cheered their parents on.

As we were close to winding up for the day, our Chief Guest Mrs. Melissa Fernandes appreciated the little toddlers for their whole hearted participation and the staff for all their hard work and enthusiasm shown in putting up an amazing event.

We concluded by singing The National Anthem and the children were then dispersed.

Mrs. Milka Thomas. Assistant Teacher. Pre – Primary Section Second Session