

## INTER HOUSE LONG DISTANCE RUN 2023-24

“In running, it doesn’t matter whether you come in first, in the middle of the pack, or last. You can say, ‘I have finished.’ There is a lot of satisfaction in that.”

- **Fred Lebow**, New York City Marathon co-founder

The eagerly awaited long distance run was organised by The Bishop’s School, Camp on 30<sup>th</sup> September, 2023 at 5:30 in the morning.

The students assembled on the Jeejeebhoy Ground early in the morning with an enthusiastic spirit. Dressed immaculately in their PT uniform, they were excited for the race that was ready to be run. It was interesting to see them in high spirits while it was still dark outside. The Principal, Mr. Shayne McPherson and other Heads flagged off the races.



Teachers were assigned duties at different posts to ensure that the event took place smoothly. An ambulance and teachers patrolled along the route to ensure that there were no casualties, whatsoever.



The main highlight of the event was the crowning of the youngest athletes. Ivaan Abraham and Diyan Shah from class 1 were awarded the same.

Post the event, the students were given biscuits and a refreshing juice to quench their thirst.



The turnout of students was quite good who participated whole heartedly and ensured that the event turned out to be a massive success.

In a nutshell, the event not only propagated physical fitness but also proved to be a joyous occasion for the students of our school.

The result has been tabulated as follows:

<b>Arnould House</b>	:	1 <sup>st</sup> position	(127 points)
<b>Bishops House</b>	:	2 <sup>nd</sup> position	(119 points)
<b>Mansfield House</b>	:	3 <sup>rd</sup> position	(94 points)
<b>Harding House</b>	:	4 <sup>th</sup> position	(86 points)



Mrs. Rachana Oswal