

WORLD HEALTH DAY REPORT

“THE GREATEST GIFT YOU CAN GIVE YOUR FAMILY AND THE WORLD IS A HEALTHY YOU...”



Raising awareness about physical health and mental wellbeing, and various measures to combat global health challenges, keeping this in mind The Bishop’s School Camp, Pre-Primary Section celebrated World Health Day on the 7th of April 2022. Capturing the theme for the day was “Our Planet, Our Health”.

A PowerPoint presentation was shown to the children about how to keep themselves healthy and fit. A lovely video was shown to the children on healthy habits and eating healthy food. The teachers also discussed with the children and explained to them the importance of exercise, having a healthy meal and proper sleep. Children were also encouraged to drink enough water during the day specially during the hot summer season to keep themselves hydrated. The importance of playing outdoor games was also explained to the children. The celebration fulfilled its objectives of developing the deep understanding of the essential link between individual and collective health for a sustainable life.

The children promised to take care of their health and make our planet a healthier and happy place to live in. All the activities were carried out in a planned manner and proved to be a great platform for children to learn how to live healthy.

Mrs. Milka Thomas

Asst Teacher LKG A

