

*THE BISHOP'S SCHOOL, CAMP
JUNIOR SCHOOL
A REPORT ON WORLD HAPPINESS DAY
2024 - 2025*

It's a day to be happy, of course! Happiness is a fundamental human goal.

Every year on March 20, the World celebrates International Day of Happiness. With our planet experiencing unprecedented challenges, it is more important than ever to be happy. The purpose of celebrating World Day of Happiness at the Jr School was to raise awareness on the value of happiness in one's life and the overall impact it can have on a person's well-being.

In the celebrations of World Happiness Day, on 27th March, The Bishops School, Camp, students of Class 1 to Class 5 spent a day doing exuberant activities to bring a smile on faces and spread happiness around them. The activities commenced with an interaction with the children, explaining to them the importance of Happiness in our lives and in the lives of people in the world. Students were briefed about World Happiness Day when it is celebrated and its motive.

The children of Class 1 made 'Happy handprint puppets' with ice-cream sticks and googly eyes. The children imprinted their palms on paper with paint which was eventually cut according to their palm size. Googly eyes were stuck on the cut out and they drew a smiley on it making it look like a puppet. The children were eagerly waiting with great enthusiasm for this activity to be done and they did it with all smiles and happiness on their faces.



The Happy Puppets of Class – 1



Happy faces all around.

Similarly, in celebration of World Happiness Day, the vibrant spirit of joy filled the classrooms as the young minds of Class 2 embarked on a heartwarming activity. Armed with white and coloured circles, googly eyes, and colourful ice cream sticks, the children set out to spread smiles through their creativity. Each child carefully adorned the white circle with googly eyes and drew a radiant smile, infusing it with warmth and cheer. The coloured circle served as the perfect cap for the face, adding a playful touch to their creation. With eager hands, they coloured the ice cream sticks in a rainbow of hues, each stroke imbued with excitement and imagination. Through this simple yet meaningful activity, the children not only crafted charming bookmarks but also learned the power of spreading happiness through acts of kindness and creativity. As they proudly showcased their creations, they carried with them a reminder that a smile, no matter how small, has the power to brighten someone's day and spread happiness wherever it goes.



Cultivating Happiness – To make it a Habit.

The students of Class -3 celebrated World happiness day in a special way. Each of the class-3 children made their own clouds of joy, filled with strips of words with things that make them happy. Some children wrote about the joy of playing outdoors, spending time with their family etc. Each strip attached to the clouds revealed a glimpse into their happy worlds.



Happiness is real when we share it.

Class 4 celebrated World Happiness Day by making 'Happiness Rainbows.' Each student wrote down things that make them happy on the colourful rainbow. They created a cheerful rainbow filled with happy thoughts. It was a fun way to share joy and feel connected as a class.



Rainbows of Happiness

Students of Class 5 participated enthusiastically as they were given cutouts of white clouds and hot air balloons which they had to stick creatively. They then expressed their gratitude by writing a small note on it, to the people who bring joy into their lives. World Happiness Day emphasizes the value of self-care, stress management, and cultivating positive relationships. It also provides an opportunity for students to learn about happiness in different cultures and societies, encouraging them to prioritize personal fulfilment and happiness alongside academic success. By spreading happiness and kindness, students can contribute to creating a more compassionate and harmonious world and this was surely achieved with this activity.



We are in the pursuit of real Happiness.

The students of Class 1 to Class 5 had a cheerful experience that proved the importance of Happiness.

“Be so happy that when others look at you, they become happy too.”

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