



THE BISHOP'S SCHOOL, CAMP
PRE- PRIMARY SECTION
INTERNATIONAL DAY OF HAPPINESS



“If YOU want to be happy, BE.”- Leo Tolstoy

20th March is celebrated as International Day of Happiness. It was initiated by the United Nations in 2006. International Day of Happiness is more than just a fun celebration, it reminds us all that the world is a better place when we connect with and care about the people around us. That feeling of being there for each other is what makes us feel happy. If you want to stay happy you should be around people who make you happy, who treat you well and with love and affection. You should make others around you happy, so in turn they too will spread happiness all around them and like this the world will be a better and happier place for us all to live in.



World Happiness Day was celebrated on 20th March, 2023 in our school for the Lower Kindergarten and Upper Kindergarten students. The children had a special assembly in their classrooms. This was followed by the children viewing a Power Point Presentation on how they



can be happy with the small things in life and they in turn can make others happy around them. A short video, on the topic 'Helping others and spreading happiness,' was shown to the children to understand further the importance of happiness. Thereafter, the children sang action songs namely - When you are happy and you know it clap your hands and H-A-P-P-Y, with their teachers in class and enjoyed themselves. A few children shared their experiences on the things that make them happy and this was very heartwarming.



The day ended with the children colouring a small SMILEY cutout. The Smiley's were then pasted on ice cream sticks and given to the children to take home as a take away. The children had a fun day at school and were seen going back home with smiles on their faces.

"People are just as happy as they make up their minds to be"

- Abraham Lincoln.

Mrs. Evelyn Lobo
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Pre - Primary Section

