



# Long Distance Run

“Age is no barrier. It’s a limitation you put on your mind.”

The Inter House Long Distance Run was held on 5<sup>th</sup> November 2022. The Long Distance Run is a 2.5 kms run for Divisions 3, 4 and Girls whereas it is a 5 kms run for Divisions 1 & 2.



The students assembled on the Jeejeebhoy Ground at 6:45 a.m., confronting the winter crispness. The students were practicing for the Run for the past few weeks and were waiting to take off. Many enthusiastic parents and alumni participated in the Open Category of the race. This race is not about how well you pace yourself at various stages of the Run compared to the participation that counts.

Teachers were posted at various check points along the route. An ambulance and teachers on two wheelers as pilots who patrolled the route to ensure there were no casualties along the way. On completing the race students were given refreshments. The race was run hard and in a fair spirit making it fun to run.



A word of praise for the youngest runner Mariyam Inamdar, a 7 year old, who participated and completed the race along with her mother.



*The results of the Long Distance run are as follows:*

<b>OVERALL RESULTS</b>		
<b>PLACE</b>	<b>HOUSE</b>	<b>TOTAL POINTS</b>
<b>1<sup>ST</sup></b>	<b>HARDING</b>	<b>326</b>
<b>2<sup>ND</sup></b>	<b>BISHOPS</b>	<b>307</b>
<b>2<sup>ND</sup></b>	<b>ARNOULD</b>	<b>307</b>
<b>4<sup>TH</sup></b>	<b>MANSFILED</b>	<b>286</b>







#### **DIVISION 4**

<b>NAME</b>	<b>HOUSE</b>	<b>TIME</b>	<b>PLACE</b>
<b>DEREK SHERRY</b>	<b>BISHOPS</b>	10:30:11	1 <sup>ST</sup>
<b>SAMVIT KASAT</b>	<b>ARNOULD</b>	10:33:57	2 <sup>ND</sup>
<b>ANISH BHOSALE</b>	<b>BISHOPS</b>	10:43:75	3 <sup>RD</sup>

#### **DIVISION 3**

<b>NAME</b>	<b>HOUSE</b>	<b>TIME</b>	<b>PLACE</b>
<b>SHIKAR SHAH</b>	<b>HARDING</b>	10:27:94	1 <sup>ST</sup>
<b>SOHAM ASIJA</b>	<b>MANSFIELD</b>	10:30:10	2 <sup>ND</sup>
<b>TEJAS GULAGE</b>	<b>BISHOPS</b>	10:30:94	3 <sup>RD</sup>

#### **DIVISION 2**

<b>NAME</b>	<b>HOUSE</b>	<b>TIME</b>	<b>PLACE</b>
<b>PRANAV KAKADE</b>	<b>HARDING</b>	17:49:52	1 <sup>ST</sup>
<b>PARTH MAHIMKAR</b>	<b>ARNOULD</b>	18:01:75	2 <sup>ND</sup>
<b>SHREYAAN KHANVILKAR</b>	<b>HARDING</b>	19:02:44	3 <sup>RD</sup>

#### **DIVISION 1**

<b>NAME</b>	<b>HOUSE</b>	<b>TIME</b>	<b>PLACE</b>
<b>LOCHAN GABHANE</b>	<b>BISHOPS</b>	19:29:41	1 <sup>ST</sup>
<b>RONEY FRANKLIN</b>	<b>HARDING</b>	19:35:40	2 <sup>ND</sup>
<b>AADITYA KHOPADE</b>	<b>HARDING</b>	19:56:06	3 <sup>RD</sup>



<b><u>DIVISION GIRLS</u></b>			
<b>NAME</b>	<b>HOUSE</b>	<b>TIME</b>	<b>PLACE</b>
<b>ARIANNA GADHOKE</b>	<b>MANSFIELD</b>	<b>12:25:91</b>	<b>1<sup>ST</sup></b>
<b>ARUSH PRATAP</b>	<b>HARDING</b>	<b>13:05:06</b>	<b>2<sup>ND</sup></b>
<b>JIYA GARG</b>	<b>HARDING</b>	<b>13:37:07</b>	<b>3<sup>RD</sup></b>

<b><u>PARENTS &amp; VISITORS (GENTS)</u></b>		
<b>NAME</b>	<b>TIME</b>	<b>PLACE</b>
<b>SACHIN KADAM</b>	<b>20:12:95</b>	<b>1<sup>ST</sup></b>
<b>PARVEZ PATHAN</b>	<b>24:22:21</b>	<b>2<sup>ND</sup></b>
<b>ALI ASGER</b>	<b>34:24:21</b>	<b>3<sup>RD</sup></b>

<b><u>PARENTS &amp; VISITORS (LADIES)</u></b>		
<b>NAME</b>	<b>TIME</b>	<b>PLACE</b>
<b>ANGELA PANT</b>	<b>13:45:08</b>	<b>1<sup>ST</sup></b>
<b>SHWETA SHAH</b>	<b>16:12:95</b>	<b>2<sup>ND</sup></b>
<b>RATNA KHURANA</b>	<b>16:20:19</b>	<b>3<sup>RD</sup></b>

<b><u>(ALUMNI)</u></b>		
<b>NAME</b>	<b>TIME</b>	<b>PLACE</b>
<b>SARTHAK JAMADAGNI</b>	<b>15:15:52</b>	<b>1<sup>ST</sup></b>
<b>RANJIT NIKAM</b>	<b>18:00:30</b>	<b>2<sup>ND</sup></b>
<b>PRAYAS SHARMA</b>	<b>20:14:99</b>	<b>3<sup>RD</sup></b>



**Ms. Rafikunnisa Shaikh**